

## Resonance Biomechanical/ACC Follow-up Consultations

### Who are these appointments for?

- If you have had an initial biomechanical consultation, or orthotic review consultation, typically within the past 4–6 weeks.
- If your podiatrist has advised you that you require a follow-up appointment after your recent initial or review biomechanical consultation.

### How do we conduct these consultations?

- This will generally be pre-booked by your Podiatrist at the end of your previous consultation.
- Otherwise please phone the clinic's reception or enquire on our website to be contacted to book in your follow-up appointment.
- This is a 15 min consultation.
- We may want to look at you walking or running again, so please pre-record these videos prior to your follow-up consultation. Your podiatrist will advise you at the end of your previous consultation what they want you to record in advance for the next appointment.
- We will use a secure Telehealth Video Conference system to phone in with you.
- We will email through your invoice to you after your consultation with our online banking details, to be paid in 7 days.

### What will my consultation be like?

This will be run exactly as our follow-ups are run in the clinic:

- We will discuss and review with you again your pain, activity levels, your footwear, your progress with orthoses (if you have orthotics) since your last appointment.
- We will discuss and re-evaluate your goals.
- We may ask you to re-perform functional tests.
- We will discuss our analysis of your updated gait video since your last appointment.
- We will most likely progress your exercises, and any running gait retraining you may need to keep working on to continue your progress.
- Should you require any further investigation or additional collaborative care from other allied health care providers to enhance your treatment/rehabilitation, we will write any necessary referrals to Radiology, Specialists, or other providers if necessary.
- We will complete and document all of the above in your medical notes and have them stored on your file on our patient management system exactly as we would in a face-to-face consultation.
- Should any further follow up appointments be required, we will arrange a follow-up with you while we are on the video call.

Locations throughout New Zealand

0800 473 776

  
resonancepodiatry

  
resonancepod

[www.respod.co.nz](http://www.respod.co.nz)